

## Résultats

[Cotation FFN]

### Série : 800 Nage Libre Dames - (C7 : 55 - 59 ans)

[J1 : Di 09/01/2022 - R1]

1. MAILLARD Pascale		1963	FRA	CN AVRANCHES	<b>16:03.69</b>	<b>379 pts</b>	
50 m :	55.84 (55.84)	100 m :	1:55.79 (59.95) [1:55.79]	150 m :	2:56.02 (1:00.23)	200 m :	3:56.30 (1:00.28) [2:00.51]
250 m :	4:56.22 (59.92)	300 m :	5:55.97 (59.75) [1:59.67]	350 m :	6:57.66 (1:01.69)	400 m :	7:57.94 (1:00.28) [2:01.97]
450 m :	8:57.72 (59.78)	500 m :	9:59.05 (1:01.33) [2:01.11]	550 m :	10:59.44 (1:00.39)	600 m :	12:00.44 (1:01.00) [2:01.39]
650 m :	13:01.79 (1:01.35)	700 m :	14:02.37 (1:00.58) [2:01.93]	750 m :	15:02.59 (1:00.22)	800 m :	16:03.69 (1:01.10) [2:01.32]
--- KALUZINSKI Laure		1964	FRA	AS CHERBOURG NATATION	<b>DNS dec</b>		

### Série : 800 Nage Libre Dames - (C4 : 40 - 44 ans)

[J1 : Di 09/01/2022 - R1]

--- BOYRA SUSTACHA Maialen		1981	FRA	AS CHERBOURG NATATION	<b>DNS dec</b>	
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### Série : 800 Nage Libre Dames - (C3 : 35 - 39 ans)

[J1 : Di 09/01/2022 - R1]

1. MONTAZ-ROSSET Marlène		1987	FRA	C.S.C CARENTAN NATATION	<b>11:27.28</b>	<b>755 pts</b>	
50 m :	35.68 (35.68)	100 m :	1:15.78 (40.10) [1:15.78]	150 m :	1:56.96 (41.18)	200 m :	2:38.76 (41.80) [1:22.98]
250 m :	3:22.11 (43.35)	300 m :	4:05.50 (43.39) [1:26.74]	350 m :	4:49.43 (43.93)	400 m :	5:33.68 (44.25) [1:28.18]
450 m :	6:18.11 (44.43)	500 m :	7:02.71 (44.60) [1:29.03]	550 m :	7:47.18 (44.47)	600 m :	8:31.58 (44.40) [1:28.87]
650 m :	9:15.53 (43.95)	700 m :	10:00.25 (44.72) [1:28.67]	750 m :	10:44.04 (43.79)	800 m :	11:27.28 (43.24) [1:27.03]

### Série : 800 Nage Libre Dames - (C2 : 30 - 34 ans)

[J1 : Di 09/01/2022 - R1]

1. LEVRARD Lise		1992	FRA	C.S.C CARENTAN NATATION	<b>12:03.65</b>	<b>611 pts</b>	
50 m :	39.73 (39.73)	100 m :	1:23.80 (44.07) [1:23.80]	150 m :	2:08.77 (44.97)	200 m :	2:53.81 (45.04) [1:30.01]
250 m :	3:39.44 (45.63)	300 m :	4:25.38 (45.94) [1:31.57]	350 m :	5:11.43 (46.05)	400 m :	5:57.28 (45.85) [1:31.90]
450 m :	6:43.03 (45.75)	500 m :	7:28.97 (45.94) [1:31.69]	550 m :	8:14.53 (45.56)	600 m :	9:00.58 (46.05) [1:31.61]
650 m :	9:47.00 (46.42)	700 m :	10:33.45 (46.45) [1:32.87]	750 m :	11:18.78 (45.33)	800 m :	12:03.65 (44.87) [1:30.20]

### Série : 800 Nage Libre Dames - (C1 : 25 - 29 ans)

[J1 : Di 09/01/2022 - R1]

1. LEVRARD Lucie		1997	FRA	C.S.C CARENTAN NATATION	<b>13:57.65</b>	<b>313 pts</b>	
50 m :	45.29 (45.29)	100 m :	1:35.37 (50.08) [1:35.37]	150 m :	2:27.43 (52.06)	200 m :	3:20.82 (53.39) [1:45.45]
250 m :	4:14.22 (53.40)	300 m :	5:07.97 (53.75) [1:47.15]	350 m :	6:01.65 (53.68)	400 m :	6:54.79 (53.14) [1:46.82]
450 m :	7:48.97 (54.18)	500 m :	8:41.69 (52.72) [1:46.90]	550 m :	9:35.32 (53.63)	600 m :	10:28.04 (52.72) [1:46.35]
650 m :	11:22.07 (54.03)	700 m :	12:14.04 (51.97) [1:46.00]	750 m :	13:05.90 (51.86)	800 m :	13:57.65 (51.75) [1:43.61]

### Série : 1500 Nage Libre Dames - (C7 : 55 - 59 ans)

[J1 : Di 09/01/2022 - R1]

1. MAILLARD Pascale		1963	FRA	CN AVRANCHES	<b>30:14.30</b>	<b>452 pts</b>	
50 m :	55.84 (55.84)	100 m :	1:55.79 (59.95) [1:55.79]	150 m :	2:56.02 (1:00.23)	200 m :	3:56.30 (1:00.28) [2:00.51]
250 m :	4:56.22 (59.92)	300 m :	5:55.97 (59.75) [1:59.67]	350 m :	6:57.66 (1:01.69)	400 m :	7:57.94 (1:00.28) [2:01.97]
450 m :	8:57.72 (59.78)	500 m :	9:59.05 (1:01.33) [2:01.11]	550 m :	10:59.44 (1:00.39)	600 m :	12:00.44 (1:01.00) [2:01.39]
650 m :	13:01.79 (1:01.35)	700 m :	14:02.37 (1:00.58) [2:01.93]	750 m :	15:02.59 (1:00.22)	800 m :	16:03.69 (1:01.10) [2:01.32]
850 m :	17:04.76 (1:01.07)	900 m :	18:05.72 (1:00.96) [2:02.03]	950 m :	19:05.91 (1:00.19)	1000 m :	20:06.94 (1:01.03) [2:01.22]
1050 m :	21:08.69 (1:01.75)	1100 m :	22:09.87 (1:01.18) [2:02.93]	1150 m :	23:11.94 (1:02.07)	1200 m :	24:12.47 (1:00.53) [2:02.60]
1250 m :	25:13.59 (1:01.12)	1300 m :	26:14.55 (1:00.96) [2:02.08]	1350 m :	27:15.19 (1:00.64)	1400 m :	28:15.97 (1:00.78) [2:01.42]
1450 m :	29:18.47 (1:02.50)	1500 m :	30:14.30 (55.83) [1:58.33]				

### Série : 1500 Nage Libre Dames - (C4 : 40 - 44 ans)

[J1 : Di 09/01/2022 - R1]

1. MURILLO Julie		1979	FRA	AC CHERBOURG EN COTENTIN	<b>22:05.90</b>	<b>827 pts</b>	
50 m :	40.50 (40.50)	100 m :	1:23.12 (42.62) [1:23.12]	150 m :	2:06.87 (43.75)	200 m :	2:50.77 (43.90) [1:27.65]
250 m :	3:33.87 (43.10)	300 m :	4:17.50 (43.63) [1:26.73]	350 m :	5:01.60 (44.10)	400 m :	5:45.80 (44.20) [1:28.30]
450 m :	6:30.03 (44.23)	500 m :	7:14.83 (44.80) [1:29.03]	550 m :	7:59.09 (44.26)	600 m :	8:43.46 (44.37) [1:28.63]
650 m :	9:27.90 (44.44)	700 m :	10:12.40 (44.50) [1:28.94]	750 m :	10:57.21 (44.81)	800 m :	11:41.56 (44.35) [1:29.16]
850 m :	12:26.08 (44.52)	900 m :	13:10.84 (44.76) [1:29.28]	950 m :	13:55.22 (44.38)	1000 m :	14:40.13 (44.91) [1:29.29]
1050 m :	15:24.40 (44.27)	1100 m :	16:09.47 (45.07) [1:29.34]	1150 m :	16:54.14 (44.67)	1200 m :	17:39.45 (45.31) [1:29.98]
1250 m :	18:24.54 (45.09)	1300 m :	19:09.92 (45.38) [1:30.47]	1350 m :	19:54.53 (44.61)	1400 m :	20:39.62 (45.09) [1:29.70]
1450 m :	21:24.21 (44.59)	1500 m :	22:05.90 (41.69) [1:26.28]				

## Résultats

### (Suite) Série : 1500 Nage Libre Dames - (C4 : 40 - 44 ans)

[J1 : Di 09/01/2022 - R1]

2. THOMAS Sandrine		1982	FRA	C.S.C CARENTAN NATATION		27:49.03	373 pts		
50 m :	51.08 (51.08)	100 m :	1:47.56 (56.48)	[1:47.56]	150 m :	---	200 m :	3:39.66 (1:52.10)	[1:52.10]
250 m :	4:35.63 (55.97)	300 m :	5:31.38 (55.75)	[1:51.72]	350 m :	6:27.08 (55.70)	400 m :	7:22.63 (55.55)	[1:51.25]
450 m :	8:18.80 (56.17)	500 m :	9:15.06 (56.26)	[1:52.43]	550 m :	10:10.88 (55.82)	600 m :	11:07.13 (56.25)	[1:52.07]
650 m :	12:03.63 (56.50)	700 m :	12:59.70 (56.07)	[1:52.57]	750 m :	13:56.23 (56.53)	800 m :	14:52.66 (56.43)	[1:52.96]
850 m :	---	900 m :	16:45.16 (1:52.50)	[1:52.50]	950 m :	17:41.20 (56.04)	1000 m :	18:37.41 (56.21)	[1:52.25]
1050 m :	19:33.06 (55.65)	1100 m :	20:28.03 (54.97)	[1:50.62]	1150 m :	21:24.53 (56.50)	1200 m :	22:19.95 (55.42)	[1:51.92]
1250 m :	23:15.13 (55.18)	1300 m :	24:10.38 (55.25)	[1:50.43]	1350 m :	25:05.84 (55.46)	1400 m :	26:01.45 (55.61)	[1:51.07]
1450 m :	26:56.63 (55.18)	1500 m :	27:49.03 (52.40)	[1:47.58]					

### Série : 400 4 Nages Dames - (C4 : 40 - 44 ans)

[J1 : Di 09/01/2022 - R1]

1. THOMAS Sandrine		1982	FRA	C.S.C CARENTAN NATATION		8:10.91	276 pts		
50 m :	54.66 (54.66)	100 m :	1:59.63 (1:04.97)	[1:59.63]	150 m :	3:02.63 (1:03.00)	200 m :	4:04.16 (1:01.53)	[2:04.53]
250 m :	5:14.78 (1:10.62)	300 m :	6:25.13 (1:10.35)	[2:20.97]	350 m :	7:19.16 (54.03)	400 m :	8:10.91 (51.75)	[1:45.78]

### Série : 400 4 Nages Dames - (C2 : 30 - 34 ans)

[J1 : Di 09/01/2022 - R1]

1. LEVRARD Lise		1992	FRA	C.S.C CARENTAN NATATION		6:48.95	525 pts		
50 m :	46.18 (46.18)	100 m :	1:40.11 (53.93)	[1:40.11]	150 m :	---	200 m :	---	
250 m :	---	300 m :	---		350 m :	---	400 m :	6:48.95 (5:08.84)	[5:08.84]

### Série : 400 4 Nages Dames - (C1 : 25 - 29 ans)

[J1 : Di 09/01/2022 - R1]

1. LEVRARD Lucie		1997	FRA	C.S.C CARENTAN NATATION		8:05.59	209 pts		
50 m :	55.94 (55.94)	100 m :	1:59.97 (1:04.03)	[1:59.97]	150 m :	3:02.94 (1:02.97)	200 m :	4:05.12 (1:02.18)	[2:05.15]
250 m :	5:12.84 (1:07.72)	300 m :	---		350 m :	7:13.51 (2:00.67)	400 m :	8:05.59 (52.08)	[4:00.47]

### Séries : 800 Nage Libre Messieurs - (C9 : 65 - 69 ans)

[J1 : Di 09/01/2022 - R1]

1. THEARD Lionel		1954	FRA	AC CHERBOURG EN COTENTIN		15:43.87	391 pts		
50 m :	43.85 (43.85)	100 m :	1:36.01 (52.16)	[1:36.01]	150 m :	2:33.20 (57.19)	200 m :	3:33.44 (1:00.24)	[1:57.43]
250 m :	4:33.73 (1:00.29)	300 m :	5:35.35 (1:01.62)	[2:01.91]	350 m :	6:36.24 (1:00.89)	400 m :	7:38.45 (1:02.21)	[2:03.10]
450 m :	8:39.64 (1:01.19)	500 m :	9:41.23 (1:01.59)	[2:02.78]	550 m :	10:42.90 (1:01.67)	600 m :	11:44.73 (1:01.83)	[2:03.50]
650 m :	12:47.54 (1:02.81)	700 m :	13:49.43 (1:01.89)	[2:04.70]	750 m :	14:46.87 (57.44)	800 m :	15:43.87 (57.00)	[1:54.44]

### Séries : 800 Nage Libre Messieurs - (C7 : 55 - 59 ans)

[J1 : Di 09/01/2022 - R1]

1. ROUSSINE Patrick		1964	FRA	AS CHERBOURG NATATION		13:19.72	491 pts		
50 m :	41.07 (41.07)	100 m :	1:28.04 (46.97)	[1:28.04]	150 m :	2:17.12 (49.08)	200 m :	3:07.00 (49.88)	[1:38.96]
250 m :	3:57.72 (50.72)	300 m :	4:49.00 (51.28)	[1:42.00]	350 m :	5:40.79 (51.79)	400 m :	6:31.97 (51.18)	[1:42.97]
450 m :	7:23.87 (51.90)	500 m :	8:15.72 (51.85)	[1:43.75]	550 m :	9:07.54 (51.82)	600 m :	9:58.82 (51.28)	[1:43.10]
650 m :	10:50.40 (51.58)	700 m :	11:41.22 (50.82)	[1:42.40]	750 m :	12:30.50 (49.28)	800 m :	13:19.72 (49.22)	[1:38.50]
2. LECARPENTIER Philippe		1963	FRA	AS CHERBOURG NATATION		13:28.51	470 pts		
50 m :	44.45 (44.45)	100 m :	1:33.23 (48.78)	[1:33.23]	150 m :	2:24.15 (50.92)	200 m :	3:15.37 (51.22)	[1:42.14]
250 m :	4:07.24 (51.87)	300 m :	4:59.44 (52.20)	[1:44.07]	350 m :	5:51.39 (51.95)	400 m :	6:43.90 (52.51)	[1:44.46]
450 m :	7:36.66 (52.76)	500 m :	8:28.50 (51.84)	[1:44.60]	550 m :	9:19.91 (51.41)	600 m :	10:10.32 (50.41)	[1:41.82]
650 m :	11:00.96 (50.64)	700 m :	11:52.56 (51.60)	[1:42.24]	750 m :	12:43.94 (51.38)	800 m :	13:28.51 (44.57)	[1:35.95]

### Séries : 800 Nage Libre Messieurs - (C6 : 50 - 54 ans)

[J1 : Di 09/01/2022 - R1]

1. LECACHEUX Bruno		1970	FRA	AS CHERBOURG NATATION		10:29.09	902 pts		
50 m :	37.22 (37.22)	100 m :	1:16.98 (39.76)	[1:16.98]	150 m :	1:57.18 (40.20)	200 m :	2:37.61 (40.43)	[1:20.63]
250 m :	3:18.37 (40.76)	300 m :	3:58.84 (40.47)	[1:21.23]	350 m :	4:39.09 (40.25)	400 m :	5:19.34 (40.25)	[1:20.50]
450 m :	5:59.50 (40.16)	500 m :	6:38.89 (39.39)	[1:19.55]	550 m :	7:18.09 (39.20)	600 m :	7:56.97 (38.88)	[1:18.08]
650 m :	8:35.76 (38.79)	700 m :	9:14.18 (38.42)	[1:17.21]	750 m :	9:52.49 (38.31)	800 m :	10:29.09 (36.60)	[1:14.91]

## Résultats

### Séries : 800 Nage Libre Messieurs - (C4 : 40 - 44 ans)

[J1 : Di 09/01/2022 - R1]

1. DESMIER DE CHENON Antoine		1978	FRA	EN CAEN	<b>13:11.00</b>		<b>342 pts</b>		
50 m :	42.00 (42.00)	100 m :	1:26.61 (44.61)	[1:26.61]	150 m :	2:12.47 (45.86)	200 m :	2:59.36 (46.89)	[1:32.75]
250 m :	3:47.11 (47.75)	300 m :	4:36.22 (49.11)	[1:36.86]	350 m :	5:24.75 (48.53)	400 m :	6:14.65 (49.90)	[1:38.43]
450 m :	7:05.25 (50.60)	500 m :	7:56.33 (51.08)	[1:41.68]	550 m :	8:47.22 (50.89)	600 m :	9:39.75 (52.53)	[1:43.42]
650 m :	10:32.00 (52.25)	700 m :	11:25.78 (53.78)	[1:46.03]	750 m :	12:18.86 (53.08)	800 m :	13:11.00 (52.14)	[1:45.22]
--- WHITE Oliver		1978	GBR	AS CHERBOURG NATATION	<b>DNS dec</b>				

### Séries : 800 Nage Libre Messieurs - (C3 : 35 - 39 ans)

[J1 : Di 09/01/2022 - R1]

1. BAPTISTE Jeremy		1984	FRA	AS CHERBOURG NATATION	<b>12:37.19</b>		<b>394 pts</b>		
50 m :	39.79 (39.79)	100 m :	1:25.08 (45.29)	[1:25.08]	150 m :	2:12.22 (47.14)	200 m :	3:03.05 (50.83)	[1:37.97]
250 m :	3:48.26 (45.21)	300 m :	4:36.22 (47.96)	[1:33.17]	350 m :	5:25.40 (49.18)	400 m :	6:14.22 (48.82)	[1:38.00]
450 m :	7:03.83 (49.61)	500 m :	7:52.90 (49.07)	[1:38.68]	550 m :	8:41.00 (48.10)	600 m :	9:30.44 (49.44)	[1:37.54]
650 m :	10:18.97 (48.53)	700 m :	11:07.58 (48.61)	[1:37.14]	750 m :	11:54.47 (46.89)	800 m :	12:37.19 (42.72)	[1:29.61]

### Séries : 800 Nage Libre Messieurs - (C0 : 20 - 24 ans)

[J1 : Di 09/01/2022 - R1]

1. BRISSET Clément		1999	FRA	AC CHERBOURG EN COTENTIN	<b>13:50.57</b>				
50 m :	41.81 (41.81)	100 m :	1:29.53 (47.72)	[1:29.53]	150 m :	2:18.74 (49.21)	200 m :	3:08.57 (49.83)	[1:39.04]
250 m :	3:59.98 (51.41)	300 m :	4:52.39 (52.41)	[1:43.82]	350 m :	5:45.92 (53.53)	400 m :	6:39.07 (53.15)	[1:46.68]
450 m :	7:33.81 (54.74)	500 m :	8:30.07 (56.26)	[1:51.00]	550 m :	9:27.03 (56.96)	600 m :	10:23.48 (56.45)	[1:53.41]
650 m :	11:16.17 (52.69)	700 m :	12:11.34 (55.17)	[1:47.86]	750 m :	13:04.85 (53.51)	800 m :	13:50.57 (45.72)	[1:39.23]

### Série : 1500 Nage Libre Messieurs - (C6 : 50 - 54 ans)

[J1 : Di 09/01/2022 - R1]

1. LECACHEUX Bruno		1970	FRA	AS CHERBOURG NATATION	<b>19:52.03</b>		<b>904 pts</b>		
50 m :	37.40 (37.40)	100 m :	1:18.30 (40.90)	[1:18.30]	150 m :	1:59.97 (41.67)	200 m :	2:41.44 (41.47)	[1:23.14]
250 m :	3:22.59 (41.15)	300 m :	4:03.63 (41.04)	[1:22.19]	350 m :	4:45.03 (41.40)	400 m :	5:25.90 (40.87)	[1:22.27]
450 m :	6:06.68 (40.78)	500 m :	6:47.43 (40.75)	[1:21.53]	550 m :	7:27.97 (40.54)	600 m :	8:08.10 (40.13)	[1:20.67]
650 m :	8:48.00 (39.90)	700 m :	9:28.36 (40.36)	[1:20.26]	750 m :	10:08.29 (39.93)	800 m :	10:48.38 (40.09)	[1:20.02]
850 m :	11:28.24 (39.86)	900 m :	12:07.80 (39.56)	[1:19.42]	950 m :	12:47.18 (39.38)	1000 m :	13:26.32 (39.14)	[1:18.52]
1050 m :	14:05.36 (39.04)	1100 m :	14:44.65 (39.29)	[1:18.33]	1150 m :	15:23.75 (39.10)	1200 m :	16:02.57 (38.82)	[1:17.92]
1250 m :	16:41.43 (38.86)	1300 m :	17:19.99 (38.56)	[1:17.42]	1350 m :	17:58.78 (38.79)	1400 m :	18:37.34 (38.56)	[1:17.35]
1450 m :	19:15.41 (38.07)	1500 m :	19:52.03 (36.62)	[1:14.69]					

### Série : 1500 Nage Libre Messieurs - (C5 : 45 - 49 ans)

[J1 : Di 09/01/2022 - R1]

1. ROUSSEL Matthieu		1973	FRA	AS CHERBOURG NATATION	<b>26:54.71</b>		<b>268 pts</b>		
50 m :	45.09 (45.09)	100 m :	---		150 m :	2:25.37 (1:40.28)	200 m :	3:17.35 (51.98)	[3:17.35]
250 m :	4:10.73 (53.38)	300 m :	---		350 m :	5:58.92 (1:48.19)	400 m :	---	
450 m :	7:48.91 (1:49.99)	500 m :	8:43.56 (54.65)	[5:26.21]	550 m :	9:38.34 (54.78)	600 m :	10:33.01 (54.67)	[1:49.45]
650 m :	11:29.01 (56.00)	700 m :	12:24.70 (55.69)	[1:51.69]	750 m :	13:20.31 (55.61)	800 m :	14:15.88 (55.57)	[1:51.18]
850 m :	15:10.62 (54.74)	900 m :	16:05.04 (54.42)	[1:49.16]	950 m :	16:59.82 (54.78)	1000 m :	17:55.40 (55.58)	[1:50.36]
1050 m :	18:50.67 (55.27)	1100 m :	19:44.49 (53.82)	[1:49.09]	1150 m :	20:40.53 (56.04)	1200 m :	21:36.38 (55.85)	[1:51.89]
1250 m :	22:30.65 (54.27)	1300 m :	23:26.24 (55.59)	[1:49.86]	1350 m :	24:22.31 (56.07)	1400 m :	25:13.71 (51.40)	[1:47.47]
1450 m :	26:07.24 (53.53)	1500 m :	26:54.71 (47.47)	[1:41.00]					

### Série : 1500 Nage Libre Messieurs - (C4 : 40 - 44 ans)

[J1 : Di 09/01/2022 - R1]

1. LENOIR Mathieu		1981	FRA	HAGUE NATATION	<b>23:32.74</b>		<b>465 pts</b>		
50 m :	41.07 (41.07)	100 m :	1:24.32 (43.25)	[1:24.32]	150 m :	2:09.63 (45.31)	200 m :	2:56.05 (46.42)	[1:31.73]
250 m :	3:42.47 (46.42)	300 m :	4:29.66 (47.19)	[1:33.61]	350 m :	5:16.39 (46.73)	400 m :	6:03.89 (47.50)	[1:34.23]
450 m :	6:50.65 (46.76)	500 m :	7:38.53 (47.88)	[1:34.64]	550 m :	8:26.68 (48.15)	600 m :	9:14.04 (47.36)	[1:35.51]
650 m :	10:01.25 (47.21)	700 m :	10:49.02 (47.77)	[1:34.98]	750 m :	11:37.39 (48.37)	800 m :	12:25.61 (48.22)	[1:36.59]
850 m :	13:13.64 (48.03)	900 m :	14:01.25 (47.61)	[1:35.64]	950 m :	14:49.68 (48.43)	1000 m :	15:37.84 (48.16)	[1:36.59]
1050 m :	16:26.15 (48.31)	1100 m :	17:14.12 (47.97)	[1:36.28]	1150 m :	18:01.93 (47.81)	1200 m :	18:50.09 (48.16)	[1:35.97]
1250 m :	19:37.69 (47.60)	1300 m :	20:25.20 (47.51)	[1:35.11]	1350 m :	21:12.51 (47.31)	1400 m :	22:00.53 (48.02)	[1:35.33]
1450 m :	22:47.62 (47.09)	1500 m :	23:32.74 (45.12)	[1:32.21]					

## Résultats

### (Suite) Série : 1500 Nage Libre Messieurs - (C4 : 40 - 44 ans)

[J1 : Di 09/01/2022 - R1]

2. BERNARD Florian		1982	FRA	AC CHERBOURG EN COTENTIN	24:21.31	404 pts	
50 m :	42.53 (42.53)	100 m :	---	150 m :	---	200 m :	---
250 m :	---	300 m :	---	350 m :	---	400 m :	---
450 m :	---	500 m :	---	550 m :	---	600 m :	---
650 m :	---	700 m :	---	750 m :	---	800 m :	---
850 m :	---	900 m :	---	950 m :	---	1000 m :	---
1050 m :	---	1100 m :	---	1150 m :	---	1200 m :	---
1250 m :	---	1300 m :	---	1350 m :	---	1400 m :	---
1450 m :	---	1500 m :	24:21.31 (23:38.78) [24:21.31]				

### Série : 1500 Nage Libre Messieurs - (C2 : 30 - 34 ans)

[J1 : Di 09/01/2022 - R1]

1. LEMIERE Thomas		1992	FRA	AC CHERBOURG EN COTENTIN	21:58.94	558 pts	
50 m :	37.41 (37.41)	100 m :	1:18.91 (41.50) [1:18.91]	150 m :	2:01.94 (43.03)	200 m :	2:44.69 (42.75) [1:25.78]
250 m :	3:27.44 (42.75)	300 m :	4:11.79 (44.35) [1:27.10]	350 m :	5:40.19 (1:28.40)	400 m :	6:24.79 (44.60) [2:13.00]
450 m :	7:09.76 (44.97)	500 m :	7:54.55 (44.79) [1:29.76]	550 m :	8:39.12 (44.57)	600 m :	9:23.62 (44.50) [1:29.07]
650 m :	10:08.02 (44.40)	700 m :	10:52.55 (44.53) [1:28.93]	750 m :	11:37.26 (44.71)	800 m :	12:21.91 (44.65) [1:29.36]
850 m :	13:06.51 (44.60)	900 m :	13:51.47 (44.96) [1:29.56]	950 m :	14:35.97 (44.50)	1000 m :	15:22.02 (46.05) [1:30.55]
1050 m :	16:07.22 (45.20)	1100 m :	16:51.97 (44.75) [1:29.95]	1150 m :	17:36.91 (44.94)	1200 m :	18:21.22 (44.31) [1:29.25]
1250 m :	19:05.09 (43.87)	1300 m :	19:49.84 (44.75) [1:28.62]	1350 m :	20:34.37 (44.53)	1400 m :	21:24.00 (49.63) [1:34.16]
1450 m :	21:58.94 (34.94)	1500 m :	21:58.94 [34.94]				

### Série : 1500 Nage Libre Messieurs - (C1 : 25 - 29 ans)

[J1 : Di 09/01/2022 - R1]

1. HENRY Arthur		1993	FRA	ESPÉRANCE VAILLANTE GRANVILLE	23:54.21	397 pts	
50 m :	---	100 m :	1:18.74 (1:18.74) [1:18.74]	150 m :	---	200 m :	2:49.15 (1:30.41) [1:30.41]
250 m :	3:35.80 (46.65)	300 m :	4:24.01 (48.21) [1:34.86]	350 m :	5:11.89 (47.88)	400 m :	6:00.53 (48.64) [1:36.52]
450 m :	6:48.78 (48.25)	500 m :	---	550 m :	8:25.22 (1:36.44)	600 m :	9:13.98 (48.76) [3:13.45]
650 m :	10:03.09 (49.11)	700 m :	10:51.43 (48.34) [1:37.45]	750 m :	11:40.12 (48.69)	800 m :	12:29.22 (49.10) [1:37.79]
850 m :	13:18.61 (49.39)	900 m :	14:07.87 (49.26) [1:38.65]	950 m :	14:56.80 (48.93)	1000 m :	15:45.19 (48.39) [1:37.32]
1050 m :	16:34.34 (49.15)	1100 m :	17:22.93 (48.59) [1:37.74]	1150 m :	18:12.21 (49.28)	1200 m :	19:01.88 (49.67) [1:38.95]
1250 m :	19:49.79 (47.91)	1300 m :	20:38.47 (48.68) [1:36.59]	1350 m :	21:27.84 (49.37)	1400 m :	22:17.89 (50.05) [1:39.42]
1450 m :	23:08.00 (50.11)	1500 m :	23:54.21 (46.21) [1:36.32]				

### Série : 400 4 Nages Messieurs - (C9 : 65 - 69 ans)

[J1 : Di 09/01/2022 - R1]

--- L'HUILLERY Patrick		1955	FRA	AS CHERBOURG NATATION	DNF
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### Série : 400 4 Nages Messieurs - (C7 : 55 - 59 ans)

[J1 : Di 09/01/2022 - R1]

1. FAUCHARD Frédéric		1967	FRA	AS CHERBOURG NATATION	6:23.26	781 pts	
50 m :	41.00 (41.00)	100 m :	1:29.50 (48.50) [1:29.50]	150 m :	2:20.05 (50.55)	200 m :	3:11.50 (51.45) [1:42.00]
250 m :	4:01.03 (49.53)	300 m :	4:53.55 (52.52) [1:42.05]	350 m :	5:38.40 (44.85)	400 m :	6:23.26 (44.86) [1:29.71]
--- KALUZINSKI Eric		1964	FRA	AS CHERBOURG NATATION	DNF	dec	

### Série : 400 4 Nages Messieurs - (C6 : 50 - 54 ans)

[J1 : Di 09/01/2022 - R1]

1. LECACHEUX Bruno		1970	FRA	AS CHERBOURG NATATION	5:31.17	980 pts	
50 m :	34.28 (34.28)	100 m :	1:13.49 (39.21) [1:13.49]	150 m :	1:59.74 (46.25)	200 m :	2:44.07 (44.33) [1:30.58]
250 m :	3:29.92 (45.85)	300 m :	4:15.96 (46.04) [1:31.89]	350 m :	5:31.17 (1:15.21)	400 m :	5:31.17 [1:15.21]

### Série : 400 4 Nages Messieurs - (C4 : 40 - 44 ans)

[J1 : Di 09/01/2022 - R1]

1. DESMIER DE CHENON Antoine		1978	FRA	EN CAEN	7:39.27	238 pts	
50 m :	49.48 (49.48)	100 m :	1:49.30 (59.82) [1:49.30]	150 m :	2:45.48 (56.18)	200 m :	3:40.21 (54.73) [1:50.91]
250 m :	4:46.55 (1:06.34)	300 m :	5:55.33 (1:08.78) [2:15.12]	350 m :	6:48.69 (53.36)	400 m :	7:39.27 (50.58) [1:43.94]

Résultats

Série : 400 4 Nages Messieurs - (C2 : 30 - 34 ans)

[J1 : Di 09/01/2022 - R1]

1. FAUCHARD Quentin	1990	FRA	AS CHERBOURG NATATION	<b>5:31.06</b>	<b>775 pts</b>
50 m : 33.03 (33.03)	100 m : 1:12.55 (39.52)	[1:12.55]	150 m : ---	200 m : ---	
250 m : ---	300 m : ---		350 m : ---	400 m : 5:31.06 (4:18.51)	[4:18.51]